

Learning Styles Inventory

The following questions will help show how you learn. Please place a check mark on the line before each statement you feel describes you. Answer honestly. There are no right or wrong answers.



- I like to read when I have free time. ★
- I remember more when I listen to the news on TV than when I read about it. ✨
- I like to make things with my hands. 😊
- I remember things best when I say them out loud. ✨
- I usually remember what I hear. ✨
- I remember what I read better than I remember what I hear. ★
- I learn best by handling objects. 😊
- I find it hard to sit still when I study. 😊
- I can “see” words in my mind when I need to spell them. ★
- I communicate better when I write than when I speak. 😊
- I remember people’s faces better than I remember their names. ★
- It is hard for me to picture things in my head. ✨
- I enjoy doodling and even my notes have lots of pictures, arrows, etc. in them. ★
- I would rather listen to a tape of a lecture than read the same information in a textbook. ✨
- I picture what I read. ★
- I take notes when I read to better understand material. 😊
- I move my lips when reading and count with my fingers. 😊
- Unless I write down the directions to a place, I’m likely to get lost or arrive late. ★
- I communicate better on the telephone than I do in writing. ✨
- I can study better with music playing in the background. 😊
- I can remember something by “seeing” it in my mind. ★
- I learn better by having someone explain something to me than by reading about it. ✨
- It is hard for me to remember jokes I’ve heard. ★
- I pace and move around a lot when I’m trying to think through a problem. 😊

- _____ I understand material best when I read it out loud. 🦋
- _____ When I can't think of a word, I'll use my hands a lot and call something a "whatchamacallit" or a "thingamajig." 😊
- _____ I talk to myself when I try to solve problems. 🦋
- _____ I remember what the pages look like in books I've read. ★
- _____ I don't like to read or listen to directions, I'd rather just start doing the work. 😊
- _____ I would rather turn in a tape-recorded report than a written report. 🦋
- _____ During class, I can listen better if I look at the person speaking. ★
- _____ I like to recopy my notes to better understand the material. 😊
- _____ I prefer to have someone tell me how to do something rather than to have to read the directions. 🦋
- _____ It is hard for me to concentrate on what a person is saying if there is background noise. It is easier for me to get work done in a quiet place. ★
- _____ I think better when I have the freedom to move around. I get fidgety, feel trapped, and daydream when I have to sit still. 😊
- _____ I can easily follow what a teacher is saying even though my eyes are closed or I'm staring out the window. 🦋

Summary

Look at your answers. Total the number of check marks by each symbol. Write the total number of check marks for each symbol on the line. The symbol group with the highest total shows your preferred learning style.

Group 1 (★) Visual (👁️) Total _____

Group 2 (🦋) Auditory (👂) Total _____

Group 3 (😊) Kinesthetic/Tactile (✋ 🤲) Total _____

This information is confidential and will be used to help plan lessons based on your learning strengths.